

Daito-ryu Aiki Jujutsu Australia

Daito-ryu Aiki Jujutsu is a traditional Japanese martial art said to be about one thousand years old. It was opened to the public for the first time by Takeda Sokaku one hundred years ago.

Aiki Jujutsu requires the practitioner to be relaxed and supple, utilising the aggressive attack of the opponent to unbalance and control them.

Daito-ryu Aiki Jujutsu Australia has three branch Dojos and one official study group affiliated with the Takumakai in Japan.

GEELONG

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TAKUMAKAI AUSTRALIA

Takumakai is a not-forprofit organisation established in order to practice the traditional Japanese martial art, Daito-ryu Aiki Jujutsu, as founded by the students of Hisa Takuma Sensei and Nakatsu Heizaburo Sensei.



What is Daito Ryu?

The guiding principles of aiki jujutsu were originally derived from Japanese sword fighting. Each movement is aimed at maximum efficiency and is focussed on using the opponent's own attacking energy against them.

What is Aiki Jujutsu?

Aiki Jujutsu does not rely solely on striking or other blunt force trauma to stop an attack. An attack can be neutralised through harmonising the attacking energy with one's own energy after the first point of resistance has been met.